Track: 2022-08-20 Cima Wojtyla e Malecoste — **Date: 20/08/2022**

Track: 2022-08-20 Cima Wojtyla e Malecoste	**IBP = 148 HKG**
These speeds are average for = HKG	
IBP index reliability= A	

Total length	14.85 Km
Analyzed distance	14.85 Km
Lineal distance	0.03 Km

Accumulated climb	1505.06 m
Accumulated descent	1497.16 m
Maximum height	2446.3 m
Minimal height	1056.4 m
Climb rate	24.23 %
Descent rate	17.83 %
Positive climb difference per km	101.35 m
Negative descent difference per km	100.82 m

Total time	7:30:39 h
Time in movement	5:11:53 h
Stopped time	2:18:46 h

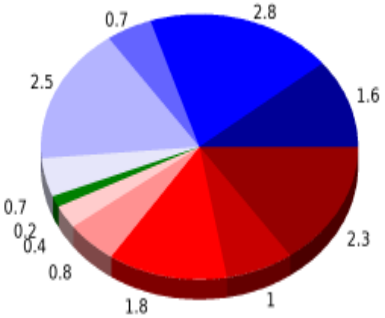
Total speed average	1.98 Km/h
Average speed in movement	2.86 Km/h
Maximum held speed	6.7 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	876 (cad. 16.95 m)
Significant points	384 (cad. 38.77 m / 43.84 %)
Aberrant points	138 (15.75 % d. total)

Direction changes per km	12.93
Direction changes >5º per km	10.17
Accumulated straight stretches	2.096 Km
Straight stretches per km	141.14 m
Penalizables slope changes	6
Penalizables slope changes per km	0.404

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Summary of slopes

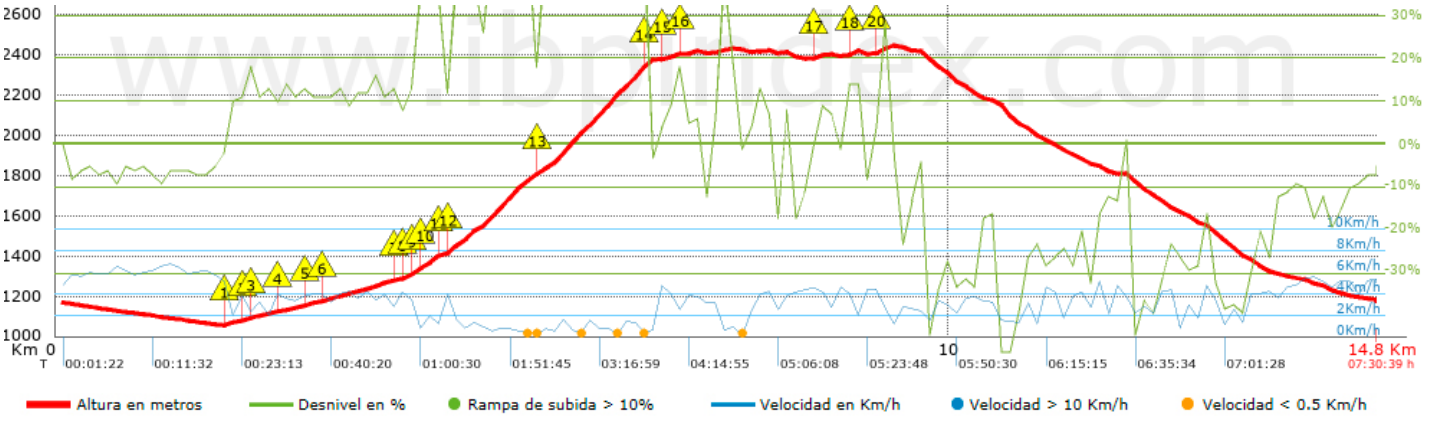


	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	2.272	15.3	1.78	1:16:45
	Between 15 and 30%	0.97	6.53	2.19	0:26:32
	Between 10 and 15%	1.785	12.02	3.37	0:31:45
	Between 5 and 10%	0.79	5.32	3.92	0:12:05
	Between 1 and 5%	0.394	2.66	3.45	0:06:51
	Total :	6.211	41.83	2.42	2:33:58
	Plain				
	Difference of 1%	0.241	1.62	3.59	0:04:02
	Breakdown descents				
	Between 1 and 5%	0.741	4.99	3.65	0:12:12
	Between 5 and 10%	2.539	17.1	5.15	0:29:35
	Between 10 and 15%	0.742	5	3.8	0:11:42
	Between 15 and 30%	2.764	18.62	3.22	0:51:32
	Between 30% and 55%	1.608	10.83	1.97	0:48:52
	Total :	8.395	56.54	3.27	2:33:53
	Total track :	14.85	100 %	2.86	5:11:53

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Steep slopes > 10%

Steep slopes	Mileage point	Average slope	Interval
1	1.858	11 %	235 m
2	2.093	13 %	103 m
3	2.446	11 %	364 m
4	2.926	13 %	803 m
5	3.73	13 %	127 m
6	3.856	15 %	120 m
7	3.976	23 %	70 m
8	4.046	35 %	222 m
9	4.268	12 %	101 m
10	4.368	41 %	928 m
11	5.416	47 %	1192 m
12	6.608	47 %	32 m
13	6.784	15 %	135 m
14	6.919	18 %	39 m
15	8.469	13 %	125 m
16	8.827	17 %	148 m
17	9.154	13 %	35 m
18	9.189	25 %	147 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2250	3776.534	25.44	1:23:09	2.73	0:45:02	2:08:11	1.77
2000	1334.048	8.99	0:32:18	2.48	0:32:56	1:05:14	1.23
1750	1809.809	12.19	0:43:32	2.49	0:36:48	1:20:20	1.35
1500	1493.086	10.06	0:45:53	1.95	0:18:11	1:04:04	1.4
Total :	8.413 Km	56.67 %	3:24:52 h	2.46 Km/h	2:12:57 h	5:37:49 h	1.49 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
4.006	0:03:03	1312	0:55:40	0:55:40	4.006
4.475	0:02:46	1449	1:14:58	0:19:18	0.469
4.79	0:04:06	1560	1:31:15	0:16:17	0.315
4.994	0:03:29	1652	1:45:42	0:14:27	0.204
5.104	0:17:22 > 10´	1703	1:54:07	0:08:25 < 10´	0.11
5.333	0:17:25 > 10´	1798	2:16:42	0:22:35	0.229
5.519	0:04:10	1850	2:37:43	0:21:01	0.186
5.702	0:06:07	1928	2:49:28	0:11:45	0.183
5.837	0:05:19	1993	2:59:10	0:09:42 < 10´	0.136
5.959	0:17:59 > 10´	2050	3:08:04	0:08:54 < 10´	0.121
6.234	0:09:38	2181	3:29:50	0:21:46	0.275
6.452	0:05:17	2285	3:47:54	0:18:04	0.218
6.608	0:08:20	2359	3:59:31	0:11:37	0.156
7.445	0:03:31	2407	4:21:09	0:21:38	0.837
7.565	0:27:54 > 10´	2429	4:27:56	0:06:47 < 10´	0.12
12.534	0:02:20	1627	6:46:51	2:18:55	4.969
Total :	2:18:46 h				

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